



NURSERY MENU

HH		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK ONE	MONDAY	Crunchy Organix Carrot Stix	Meatballs in Tomato Sauce Served with White Rice <i>Beef mince, parsley, black pepper, chopped tomatoes, peppers, onions, paprika, garlic, stock cubes, garden peas and white rice</i> (WEANING: Tomato and peppers) Fruit Cocktail in Juices <i>Peaches, pears, pineapple, grapes, and cherries served in pineapple juice</i>	Juicy Apricots	Hidden Vegetable Pasta <i>White pasta shapes, chopped tomatoes, passata, onion, peppers, courgettes and mixed herbs</i> (WEANING: Banana) Juicy Sliced Pear <i>Sliced pear served in fruit juices</i>
	TUESDAY	Juicy Sliced Peaches	Fish in Cheese sauce, New potatoes & Sweetcorn <i>White fish fillets, New potatoes, sweetcorn, dairy free butter, flour, full fat milk and cheddar cheese</i> (WEANING: Fish and sweetcorn) Juicy Sliced peaches <i>Sliced peaches served in Fruit Juices</i>	Soft Cheddar Cheese Chunks	Breaded Vegetable Fingers served with Mashed Potatoes & Baked Beans <i>Breaded vegetables fingers, British potatoes and baked beans in tomato sauce</i> (WEANING: Potato and Broccoli) Apple & Raisins <i>Sliced apples in fruit juices with dried raisins</i>
	WEDNESDAY	Delicious Goodies Farm Animal Biscuits	Traditional Roast Beef dinner served with Gravy <i>Sliced British Roast Beef, carrots, garden peas, small roast potatoes and gravy granules</i> (WEANING: Carrots and Peas) Fresh Banana slices <i>Sliced banana</i>	Scrumptious Fresh Banana slices	<i>Little Explorers taster tea</i> (WEANING: Parsnips)
	THURSDAY	Goodies Vanilla Rings	Chinese Style Curry served with White Rice <i>British Turkey Thigh Mince, Chinese style Curry Sauce and white rice</i> (WEANING: Sweet Potato) Fromage Frais <i>Yoplait Fromage Frais in a variety of flavours</i>	Sweet Fresh Strawberries	Sweet Potato & Lamb Casserole <i>Sweet potato, carrots, garden peas, onions, diced lamb and vegetable gravy</i> (WEANING: Courgette and carrots) Cherry Custard <i>Black cherry puree mixed with vanilla custard</i>
	FRIDAY	Delicious Fresh Melon	Sausages, Mashed Potatoes and Peas Served with Onion Gravy <i>Pork Sausages, mixed herbs, black pepper, onions, potatoes, dairy free butter and garden peas</i> (WEANING: Potato and peas) Juicy Apricots <i>Sliced Apricots in their own natural juices</i>	Crunchy Cheese Thin Biscuits	Ham, Pea & Macaroni Cheese <i>Ham slices, garden peas, macaroni pasta, dairy free butter, flour, full fat milk and cheddar cheese</i> (WEANING: Banana) Sliced Strawberries with Vanilla Yogurt <i>Fresh Strawberries served mixed with Vanilla yogurt</i>

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S/O		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK ONE	MONDAY	Crunchy Organix Carrot Stix OR Juicy Apricots	Homemade Meatballs in Tomato Sauce with White Rice <i>Beef mince, parsley, black pepper, chopped tomatoes, peppers, onions, paprika, garlic, stock cubes, garden peas and white rice</i> Fruit Cocktail in Juices <i>Peaches, pears, pineapple, grapes, and cherries served in pineapple juice</i>	Organix Cheesy Puffs OR Sweet Sliced Apple	Hidden Vegetable Pasta <i>White pasta shapes, chopped tomatoes, passata, onion, peppers, courgettes and mixed herbs</i> Juicy Sliced Pear <i>Sliced pear served in fruit juices</i>
	TUESDAY	Organix Gingerbread men OR Soft Cheddar Cheese Sticks	Fish in Cheese sauce, New potatoes & Sweetcorn <i>White fish fillets, New potatoes, sweetcorn, dairy free butter, flour, full fat milk and cheddar cheese</i> Fromage Frais <i>Yoplait Fromage Frais in a variety of flavours</i>	Fresh Juicy Melon Chunks OR Crispy Bunny Bites	Breaded Vegetable Fingers served with Mashed Potatoes & Baked Beans <i>Breaded vegetables fingers, British potatoes and baked beans in tomato sauce</i> Apple & Raisins <i>Sliced apples in fruit juices with dried raisins</i>
	WEDNESDAY	Delicious Goodies Farm Animal Biscuits OR Juicy Soft Sliced Pear	Traditional Roast Beef dinner served with Gravy <i>Sliced British Roast Beef, carrots, garden peas, small roast potatoes and gravy granules</i> Juicy Sliced peaches <i>Sliced peaches served in Fruit Juices</i>	Scrumptious Fresh Banana slices OR Malt Loaf with Dairy Free Butter	<i>Little Explorers taster tea</i>
	THURSDAY	Sweet Fresh Strawberries OR Crunchy Cheese thin Biscuits	Chinese Style Curry served with White Rice <i>British Turkey Thigh Mince, Chinese style Curry Sauce and white rice</i> Fresh Banana slices <i>Sliced banana</i>	Fresh Seasonal Fruit Platter with a variety of Fruit choices	Sweet Potato & Lamb Casserole <i>Sweet potato, carrots, garden peas, onions, diced lamb and vegetable gravy</i> Cherry Custard <i>Black cherry puree mixed with vanilla custard</i>
	FRIDAY	Crunchy Breadsticks OR Soft Cheddar Cheese Sticks	Sausages, Mashed Potatoes and Peas with Onion Gravy <i>Pork Sausages, mixed herbs, black pepper, onions, potatoes, dairy free butter, vegetable gravy and garden peas</i> Juicy Apricots <i>Sliced Apricots in their own natural juices</i>	Delicious Fresh Blueberries OR Homemade Banana Bread	Ham, Pea & Macaroni Cheese <i>Ham slices, garden peas, macaroni pasta, dairy free butter, flour, full fat milk and cheddar cheese</i> Sliced Strawberries with Vanilla Yogurt <i>Fresh Strawberries served mixed with Vanilla yogurt</i>

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HH		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK TWO	MONDAY	Fruit Flavoured Rice Cakes	<p>Spaghetti Carbonara <i>Spaghetti pasta, sliced ham, mushrooms, flour, full fat milk, vegetable stock cubes and dairy free butter</i> (WEANING: Carrot and tomato)</p> <p>Fromage Frais <i>Yoplait fromage frais in a variety of flavours</i></p>	Scrumptious Fresh Banana Slices	<p><i>Little Explorers Taster Tea</i> (WEANING: Apple puree)</p>
	TUESDAY	Crunchy Sweetcorn Rings	<p>Fish Fingers, Mashed Potatoes & Peas <i>Breaded pollock fingers, British potatoes, dairy free butter and garden peas</i> (WEANING: Potato and peas)</p> <p>Sliced Pear with Vanilla Custard <i>Sliced pear in fruit juice and vanilla custard</i></p>	Biscotti Fingers	<p>Pasta Bolognese <i>British minced beef, tinned tomatoes, garlic puree, pasta spirals, passata and sliced mushrooms</i> (WEANING: Butternut Squash)</p> <p>Mango puree with Vanilla yoghurt <i>Pureed mango mixed with vanilla yogurt</i></p>
	WEDNESDAY	Juicy Apricots	<p>Cottage Pie with Green Beans <i>British minced beef, vegetable gravy, sliced red onion, mixed herbs, mashed potato, dairy free butter and sliced green beans</i> (WEANING: Sweet potato)</p> <p>Juicy sliced Peaches <i>Sliced Peaches in fruit juice</i></p>	Organix Gingerbread Men	<p>Chicken & Vegetable Bake <i>Sliced chicken, mixed vegetables, full fat milk, flour, chicken stock cubes and dairy free butter</i> (WEANING: Chicken and carrot)</p> <p>Sweet Sliced Apple <i>Sliced apple in fruit juices</i></p>
	THURSDAY	Sweet Sliced Apple	<p>Turkey & red Pepper Pasta Bake <i>Red pepper, pasta shells, sliced British turkey, flour, full fat milk, dairy free butter and vegetable stock cubes</i> (WEANING: Tomato and pepper)</p> <p>Fresh Banana slices <i>Sliced banana</i></p>	Soft Cheddar Cheese Sticks	<p>Sweet Potato and Lentil Curry <i>Sweet potato, red lentils, tomatoes, onions, curry powder, garlic and paprika</i> (WEANING: Banana Puree)</p> <p>Fresh Sliced Melon <i>Seasonal fresh melon</i></p>
	FRIDAY	Juicy Peach Slices	<p>Traditional Roast Chicken dinner served with Gravy <i>Sliced roast chicken, roasted potatoes, broccoli, sweetcorn and gravy granules</i> (WEANING: Chicken and sweetcorn)</p> <p>Juicy Apricots <i>Sliced Apricots in fruit juices</i></p>	Crunchy Goodies Farm Animal Biscuits	<p>Breaded Vegetable Fingers, Sliced Carrots & New Potatoes <i>Breaded vegetable fingers, sliced carrots and new potatoes</i> (WEANING: Carrot and potato)</p> <p>Fromage Frais <i>Yoplait fromage frais in a variety of flavours</i></p>

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S/O		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK TWO	MONDAY	Fruit Flavoured Rice Cakes OR Juicy Apricots	Spaghetti Carbonara <i>Spaghetti pasta, sliced ham, mushrooms, flour, full fat milk, vegetable stock cubes and dairy free butter</i> Fromage Frais <i>Yoplait fromage frais in a variety of flavours</i>	Scrumptious Fresh Banana Slices OR Crispy Bunny Bites	<i>Little Explorers Taster Tea</i>
	TUESDAY	Crunchy Sweetcorn Rings OR Biscotti Fingers	Fish fingers, Mashed Potatoes & Peas <i>Breaded pollock fingers, British mashed potatoes, dairy free butter & garden peas</i> Sliced Pear with Vanilla Custard <i>Sliced pear in fruit juice, vanilla custard</i>	Vegetable platter with a variety of soft vegetable items	Pasta Bolognese <i>British minced beef, tinned tomatoes, onions, garlic puree, pasta spirals, passata, sliced mushrooms</i> Mango puree with Vanilla yoghurt <i>Pureed mango mixed with vanilla yogurt</i>
	WEDNESDAY	Juicy Apricots OR Organix Tomato Slices	Cottage Pie with Green Beans <i>British minced beef, vegetable gravy, sliced red onion, mixed herbs, mashed potato, dairy free butter, sliced green beans</i> Juicy sliced Peaches <i>Sliced Peaches in fruit juice</i>	Homemade Banana bread OR Juicy Fresh Melon Slices	Chicken & Vegetable Bake <i>Sliced chicken, mixed vegetables, full fat milk, flour, chicken stock cubes and dairy free butter</i> Sweet sliced apple <i>Sliced apple in fruit juice</i>
	THURSDAY	Sweet Sliced Apple OR Organix Vanilla Rings	Turkey & red Pepper Pasta Bake <i>Red pepper, pasta shells, sliced British turkey, flour, full fat milk, dairy free butter and vegetable stock cubes</i> Fresh Banana slices <i>Sliced banana</i>	Soft Cheddar Cheese Sticks OR Malt Loaf with Dairy free butter	Sweet Potato and Lentil Curry <i>Sweet potato, red lentils, tomatoes, onions, curry powder, garlic and paprika</i> Fresh Sliced Melon & Blueberries <i>Seasonal fresh melon and blueberries</i>
	FRIDAY	Fresh Seasonal Fruit Platter with a variety of Fruit choices	Traditional Roast Chicken dinner served with gravy <i>Sliced roast chicken, roasted potatoes, broccoli, sweetcorn and gravy granules</i> Juicy Apricots <i>Sliced Apricots in fruit juices</i>	Cheese Spread Bread Fingers OR Juicy Soft Sliced Pear	Breaded Vegetable Fingers, Sliced Carrots & New Potatoes <i>Breaded vegetable fingers, carrots and new potatoes</i> Fromage Frais <i>Yoplait fromage frais in a variety of flavours</i>

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WEEK THREE	MONDAY	Organix Tomato Slices	<p>Chicken and Broccoli Pasta Bake <i>Diced chicken, fresh broccoli, pasta shapes, flour, full fat milk, dairy free butter</i> (WEANING: Chicken and broccoli)</p> <p>Fresh Banana Slices <i>Sliced Banana</i></p>	Soft Cheddar Cheese Sticks	<p>Lamb Casserole, Crispy Potatoes and Peas <i>Diced lamb, cubed crispy potatoes, garden peas, sliced carrots onions and gravy granules</i> (WEANING: Apple puree)</p> <p>Juicy Sliced Peaches <i>Sliced peaches served in fruit juices</i></p>
	TUESDAY	Fruit Flavoured Rice Cakes	<p>Sausage Casserole with Seasonal Vegetables <i>Pork Sausages, onions, British potatoes, gravy granules and a selection of seasonal vegetables</i> (WEANING: Potato and peas)</p> <p>Vanilla, Apricot and Pear Pudding <i>Sliced apricots, sliced pear mixed with Vanilla yogurt</i></p>	Scrumptious Fresh Banana Slices	<p>Mild Chilli with Rice <i>Beef mince, passata, chopped tomatoes, mixed peppers, onions, chilli powder stock cubes, garlic and white rice</i> (WEANING: Banana puree)</p> <p>Fruit cocktail in juices <i>Peaches, pears, pineapple, grapes, and cherries served in pineapple juice</i></p>
	WEDNESDAY	Organix Carrot Sticks	<p>Spaghetti Bolognese <i>Beef mince, passata, chopped tomatoes, mixed peppers, onions, stock cubes, garlic, oregano and spaghetti pasta</i> (WEANING: Cauliflower and cabbage)</p> <p>Peach and Raspberry Pudding <i>Sliced peaches mixed with raspberry puree</i></p>	Sweet Pear Slices	<p>Turkey Meatballs in Gravy, Mashed Potatoes and Peas <i>Turkey thigh mince, chicken gravy granules, British potatoes and garden peas</i> (WEANING: Courgette and tomato)</p> <p>Juicy Sliced Apricots <i>Sliced apricots served in fruit juices</i></p>
	THURSDAY	Soft Fresh Melon Slices	<p>Traditional Roast Turkey dinner served with Gravy <i>British turkey slices, roast potatoes, cauliflower, cabbage and gravy granules</i> (WEANING: tomato and pepper)</p> <p>Sweet Sliced Apples <i>Sliced apples served in fruit juices</i></p>	Crunchy Cheese Thin Biscuits	<p>Ham, Pea and Macaroni Cheese <i>Ham slices, garden peas, flour, cheddar cheese, dairy free butter, full fat milk and macaroni pasta</i> (WEANING: Chicken and peas)</p> <p>Mango and Natural yogurt <i>Mango puree mixed with natural yogurt</i></p>
	FRIDAY	Blueberry Puffs	<p>Breaded Fish cakes, New potatoes and Sweetcorn <i>Breaded fish cakes, sweetcorn and new potatoes</i> (WEANING: Sweetcorn and potato)</p> <p>Fromage Frais <i>Yoplait Fromage Frais in a variety of flavours</i></p>	Soft Sliced Peaches	<p><i>Little Explorers Taster Tea</i> (WEANING: Carrot and potato)</p>

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WEEK THREE	MONDAY	Organix Tomato Slices OR Sweet Sliced Apple	Chicken and Broccoli Pasta Bake <i>Diced chicken, fresh broccoli, pasta shapes, flour, full fat milk and dairy free butter</i> Fresh Banana Slices <i>Sliced Banana</i>	Fresh Seasonal Fruit Platter with a variety of Fruit choices	Lamb Casserole, Crispy Potatoes and Peas <i>Diced lamb, cubed crispy potatoes, garden peas, carrots, onions and gravy granules</i> Juicy Sliced Peaches <i>Sliced peaches served in fruit juices</i>
	TUESDAY	Fruit Flavoured Rice Cakes OR Soft Cheddar Cheese Sticks	Sausage Casserole with Seasonal Vegetables <i>Pork Sausages, onions, British potatoes, gravy granules and a selection of seasonal vegetables</i> Vanilla, Apricot and Pear Pudding <i>Sliced apricots, sliced pear mixed with Vanilla yogurt</i>	Carrot and Lentil Sticks OR Scrumptious Fresh Banana Slices	Mild Chilli with Rice <i>Beef mince, passata, chopped tomatoes, mixed peppers, onions, stock cubes, garlic and white rice</i> Fruit cocktail in juices <i>Peaches, pears, pineapple, grapes, and cherries served in pineapple juice</i>
	WEDNESDAY	Cucumber Slices OR Organix Carrot Sticks	Spaghetti Bolognese <i>Beef mince, passata, chopped tomatoes, mixed peppers, onions, stock cubes, garlic and spaghetti pasta</i> Peach and Raspberry Pudding <i>Sliced peaches mixed with raspberry puree</i>	Crispy Bunny Bites OR Delicious Fresh Strawberries	Turkey Meatballs in Gravy, Mashed Potatoes and Peas <i>Turkey thigh mince, chicken gravy granules, British potatoes and garden peas</i> Juicy Sliced Apricots <i>Sliced apricots served in fruit juices</i>
	THURSDAY	Vegetable platter with a variety of soft vegetable items	Traditional Roast turkey dinner served with Gravy <i>British turkey slices, roast potatoes, cauliflower, cabbage and vegetable gravy</i> Sweet Sliced Apples <i>Sliced apples served in fruit juices</i>	Crunchy Cheese Thin Biscuits OR Homemade Banana Bread	Ham, Pea and Macaroni Cheese <i>Ham slices, garden peas, flour, cheddar cheese, dairy free butter, full fat milk and macaroni pasta</i> Mango and Natural yogurt <i>Mango puree mixed with natural yogurt</i>
	FRIDAY	Blueberry Puffs OR Soft Fresh Melon Slices	Breaded Fish cakes, New potatoes and Sweetcorn <i>Breaded fish cakes, sweetcorn and new potatoes</i> Fromage Frais <i>Yoplait Fromage Frais in a variety of flavours</i>	Crunchy Breadsticks OR Soft Sliced Peaches	<i>Little Explorers Taster Tea</i>

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