



Pre-school Week 1

Day	AM Snack	Lunch	PM Snack	High Tea
Monday	Pitta bread & spread	Chicken & vegetable stir fry with noodles Apple chunks with yoghurt	Bread sticks with raisons	Beans on toast Banana split
Tuesday	Popcorn & orange	Poach fish with mashed potatoes, peas & carrots Cherry cake & custard	Digestive biscuits & apple	Crackers, cheese & ham cubes with cucumber Semolina with orange
Wednesday	Crackers & cheese chunks	Pasta & sauce with hidden vegetables Jelly & ice cream	Cheese thins & grapes	Mexican mince with tortilla chips Peaches & cream
Thursday	Bread sticks & dips	Meatloaf with roast potatoes, cauliflower & gravy Raspberry meringue with cream	Cucumber & tomatoes	Ham & cheese sandwiches with tomatoes & carrot sticks Orange & apple rockies (Made by Badgers)
Friday	Grapes & raisons	Lentil & vegetable curry, rice with poppadoms Fruit muffins (Made by Badgers)	Cheese chunks & crackers	Fish fingers & spaghetti hoops with homemade bread & dips (Made by Owls) Yoghurt & peaches