



# Pre-school Week 4

Day	AM Snack	Lunch	PM Snack	High Tea
Monday	Breadsticks & raisons	Fish in parsley sauce with potato wedges, carrots & peas Fruit cocktail	Pitta breads & dips	Savoury muffins with homemade coleslaw & cucumber sticks Yoghurts & pear chunks
Tuesday	Popcorn & grapes	Spaghetti bolognese Apple & orange fool	Raisin & oatmeal cookies <small>(Made by Badgers)</small>	Ham & cheese pastry with baked beans Fruit crumble & custard
Wednesday	Cheese thins & cheese chunks	Roast chicken with roast potatoes, cauliflower, green beans & gravy Yoghurt	Raisons & melon	Scrambled eggs with cherry tomatoes & toast Flapjacks
Thursday	Cheese & marmite whirls <small>(Made by Owls)</small>	Vegetable soup with a crusty buttered roll Apple strudel with ice cream	Grapes & cheese chunks	Home made burger with mash, broccoli, cabbage & gravy Fruit jelly
Friday	Melon & digestive biscuits	Cowboy bangers & beans accompanied with toast Peach melba	Bread fingers & apple	Crackers with cheese chunks, ham, carrot sticks & humus Banana muffins <small>(Made by Pre School)</small>