



NURSERY MENU

HH		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK ONE	MONDAY	Crunchy Organix Carrot Stix	Meatballs in Tomato Sauce Served with White Rice <i>Beef mince, parsley, black pepper, chopped tomatoes, peppers, onions, paprika, garlic, stock cubes, garden peas and white rice</i> (WEANING: Tomato and peppers) Fruit Cocktail in Juices <i>Peaches, pears, pineapple, grapes, and cherries served in pineapple juice</i>	Juicy Apricots	Hidden Vegetable Pasta <i>White pasta shapes, chopped tomatoes, passata, onion, peppers, courgettes and mixed herbs</i> (WEANING: Banana) Juicy Sliced Pear <i>Sliced pear served in fruit juices</i>
	TUESDAY	Juicy Sliced Peaches	Fish in Cheese sauce, New potatoes & Sweetcorn <i>White fish fillets, New potatoes, sweetcorn, dairy free butter, flour, full fat milk and cheddar cheese</i> (WEANING: Fish and sweetcorn) Juicy Sliced peaches <i>Sliced peaches served in Fruit Juices</i>	Soft Cheddar Cheese Chunks	Breaded Vegetable Fingers served with Mashed Potatoes & Baked Beans <i>Breaded vegetables fingers, British potatoes and baked beans in tomato sauce</i> (WEANING: Potato and Broccoli) Apple & Raisins <i>Sliced apples in fruit juices with dried raisins</i>
	WEDNESDAY	Delicious Goodies Farm Animal Biscuits	Traditional Roast Beef dinner served with Gravy <i>Sliced British Roast Beef, carrots, garden peas, small roast potatoes and gravy granules</i> (WEANING: Carrots and Peas) Fresh Banana slices <i>Sliced banana</i>	Scrumptious Fresh Banana slices	<i>Little Explorers taster tea</i> (WEANING: Parsnips)
	THURSDAY	Goodies Vanilla Rings	Chinese Style Curry served with White Rice <i>British Turkey Thigh Mince, Chinese style Curry Sauce and white rice</i> (WEANING: Sweet Potato) Fromage Frais <i>Yoplait Fromage Frais in a variety of flavours</i>	Sweet Fresh Strawberries	Sweet Potato & Lamb Casserole <i>Sweet potato, carrots, garden peas, onions, diced lamb and vegetable gravy</i> (WEANING: Courgette and carrots) Cherry Custard <i>Black cherry puree mixed with vanilla custard</i>
	FRIDAY	Delicious Fresh Melon	Sausages, Mashed Potatoes and Peas Served with Onion Gravy <i>Pork Sausages, mixed herbs, black pepper, onions, potatoes, dairy free butter and garden peas</i> (WEANING: Potato and peas) Juicy Apricots <i>Sliced Apricots in their own natural juices</i>	Crunchy Cheese Thin Biscuits	Ham, Pea & Macaroni Cheese <i>Ham slices, garden peas, macaroni pasta, dairy free butter, flour, full fat milk and cheddar cheese</i> (WEANING: Banana) Sliced Strawberries with Vanilla Yogurt <i>Fresh Strawberries served mixed with Vanilla yogurt</i>

All menus are adapted to meet the requirements of children's allergies and preference.

Also please note the menus are subject to change, dependent on the grocery orders each week.



NURSERY MENU

S/O		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK ONE	MONDAY	Crunchy Organix Carrot Stix OR Juicy Apricots	Homemade Meatballs in Tomato Sauce with White Rice <i>Beef mince, parsley, black pepper, chopped tomatoes, peppers, onions, paprika, garlic, stock cubes, garden peas and white rice</i> Fruit Cocktail in Juices <i>Peaches, pears, pineapple, grapes, and cherries served in pineapple juice</i>	Organix Cheesy Puffs OR Sweet Sliced Apple	Hidden Vegetable Pasta <i>White pasta shapes, chopped tomatoes, passata, onion, peppers, courgettes and mixed herbs</i> Juicy Sliced Pear <i>Sliced pear served in fruit juices</i>
	TUESDAY	Organix Gingerbread men OR Soft Cheddar Cheese Sticks	Fish in Cheese sauce, New potatoes & Sweetcorn <i>White fish fillets, New potatoes, sweetcorn, dairy free butter, flour, full fat milk and cheddar cheese</i> Fromage Frais <i>Yoplait Fromage Frais in a variety of flavours</i>	Fresh Juicy Melon Chunks OR Crispy Bunny Bites	Breaded Vegetable Fingers served with Mashed Potatoes & Baked Beans <i>Breaded vegetables fingers, British potatoes and baked beans in tomato sauce</i> Apple & Raisins <i>Sliced apples in fruit juices with dried raisins</i>
	WEDNESDAY	Delicious Goodies Farm Animal Biscuits OR Juicy Soft Sliced Pear	Traditional Roast Beef dinner served with Gravy <i>Sliced British Roast Beef, carrots, garden peas, small roast potatoes and gravy granules</i> Juicy Sliced peaches <i>Sliced peaches served in Fruit Juices</i>	Scrumptious Fresh Banana slices OR Malt Loaf with Dairy Free Butter	<i>Little Explorers taster tea</i>
	THURSDAY	Sweet Fresh Strawberries OR Crunchy Cheese thin Biscuits	Chinese Style Curry served with White Rice <i>British Turkey Thigh Mince, Chinese style Curry Sauce and white rice</i> Fresh Banana slices <i>Sliced banana</i>	Fresh Seasonal Fruit Platter with a variety of Fruit choices	Sweet Potato & Lamb Casserole <i>Sweet potato, carrots, garden peas, onions, diced lamb and vegetable gravy</i> Cherry Custard <i>Black cherry puree mixed with vanilla custard</i>
	FRIDAY	Crunchy Breadsticks OR Soft Cheddar Cheese Sticks	Sausages, Mashed Potatoes and Peas with Onion Gravy <i>Pork Sausages, mixed herbs, black pepper, onions, potatoes, dairy free butter, vegetable gravy and garden peas</i> Juicy Apricots <i>Sliced Apricots in their own natural juices</i>	Delicious Fresh Blueberries OR Homemade Banana Bread	Ham, Pea & Macaroni Cheese <i>Ham slices, garden peas, macaroni pasta, dairy free butter, flour, full fat milk and cheddar cheese</i> Sliced Strawberries with Vanilla Yogurt <i>Fresh Strawberries served mixed with Vanilla yogurt</i>

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