

# NURSERY MENU

HH		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK THREE	MONDAY	Organix Tomato Slices	<p>Chicken and Broccoli Pasta Bake <i>Diced chicken, fresh broccoli, pasta shapes, flour, full fat milk, dairy free butter</i> (WEANING: Chicken and broccoli)</p> <p>Fresh Banana Slices <i>Sliced Banana</i></p>	Soft Cheddar Cheese Sticks	<p>Lamb Casserole, Crispy Potatoes and Peas <i>Diced lamb, cubed crispy potatoes, garden peas, sliced carrots onions and gravy granules</i> (WEANING: Apple puree)</p> <p>Juicy Sliced Peaches <i>Sliced peaches served in fruit juices</i></p>
	TUESDAY	Fruit Flavoured Rice Cakes	<p>Sausage Casserole with Seasonal Vegetables <i>Pork Sausages, onions, British potatoes, gravy granules and a selection of seasonal vegetables</i> (WEANING: Potato and peas)</p> <p>Vanilla, Apricot and Pear Pudding <i>Sliced apricots, sliced pear mixed with Vanilla yogurt</i></p>	Scrumptious Fresh Banana Slices	<p>Mild Chilli with Rice <i>Beef mince, passata, chopped tomatoes, mixed peppers, onions, chilli powder stock cubes, garlic and white rice</i> (WEANING: Banana puree)</p> <p>Fruit cocktail in juices <i>Peaches, pears, pineapple, grapes, and cherries served in pineapple juice</i></p>
	WEDNESDAY	Organix Carrot Sticks	<p>Spaghetti Bolognese <i>Beef mince, passata, chopped tomatoes, mixed peppers, onions, stock cubes, garlic, oregano and spaghetti pasta</i> (WEANING: Cauliflower and cabbage)</p> <p>Peach and Raspberry Pudding <i>Sliced peaches mixed with raspberry puree</i></p>	Sweet Pear Slices	<p>Turkey Meatballs in Gravy, Mashed Potatoes and Peas <i>Turkey thigh mince, chicken gravy granules, British potatoes and garden peas</i> (WEANING: Courgette and tomato)</p> <p>Juicy Sliced Apricots <i>Sliced apricots served in fruit juices</i></p>
	THURSDAY	Soft Fresh Melon Slices	<p>Traditional Roast Turkey dinner served with Gravy <i>British turkey slices, roast potatoes, cauliflower, cabbage and gravy granules</i> (WEANING: tomato and pepper)</p> <p>Sweet Sliced Apples <i>Sliced apples served in fruit juices</i></p>	Crunchy Cheese Thin Biscuits	<p>Ham, Pea and Macaroni Cheese <i>Ham slices, garden peas, flour, cheddar cheese, dairy free butter, full fat milk and macaroni pasta</i> (WEANING: Chicken and peas)</p> <p>Mango and Natural yogurt <i>Mango puree mixed with natural yogurt</i></p>
	FRIDAY	Blueberry Puffs	<p>Breaded Fish cakes, New potatoes and Sweetcorn <i>Breaded fish cakes, sweetcorn and new potatoes</i> (WEANING: Sweetcorn and potato)</p> <p>Fromage Frais <i>Yoplait Fromage Frais in a variety of flavours</i></p>	Soft Sliced Peaches	<p><i>Little Explorers Taster Tea</i> (WEANING: Carrot and potato)</p>

All menus are adapted to meet the requirements of children's allergies and preferences.

Also please note the menus are subject to change, dependent on the grocery orders each week.

# NURSERY MENU

S/O		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK THREE	MONDAY	Organix Tomato Slices OR Sweet Sliced Apple	Chicken and Broccoli Pasta Bake <i>Diced chicken, fresh broccoli, pasta shapes, flour, full fat milk and dairy free butter</i>  Fresh Banana Slices <i>Sliced Banana</i>	Fresh Seasonal Fruit Platter with a variety of Fruit choices	Lamb Casserole, Crispy Potatoes and Peas <i>Diced lamb, cubed crispy potatoes, garden peas, carrots, onions and gravy granules</i>  Juicy Sliced Peaches <i>Sliced peaches served in fruit juices</i>
	TUESDAY	Fruit Flavoured Rice Cakes OR Soft Cheddar Cheese Sticks	Sausage Casserole with Seasonal Vegetables <i>Pork Sausages, onions, British potatoes, gravy granules and a selection of seasonal vegetables</i>  Vanilla, Apricot and Pear Pudding <i>Sliced apricots, sliced pear mixed with Vanilla yogurt</i>	Carrot and Lentil Sticks OR Scrumptious Fresh Banana Slices	Mild Chilli with Rice <i>Beef mince, passata, chopped tomatoes, mixed peppers, onions, stock cubes, garlic and white rice</i>  Fruit cocktail in juices <i>Peaches, pears, pineapple, grapes, and cherries served in pineapple juice</i>
	WEDNESDAY	Cucumber Slices OR Organix Carrot Sticks	Spaghetti Bolognese <i>Beef mince, passata, chopped tomatoes, mixed peppers, onions, stock cubes, garlic and spaghetti pasta</i>  Peach and Raspberry Pudding <i>Sliced peaches mixed with raspberry puree</i>	Crispy Bunny Bites OR Delicious Fresh Strawberries	Turkey Meatballs in Gravy, Mashed Potatoes and Peas <i>Turkey thigh mince, chicken gravy granules, British potatoes and garden peas</i>  Juicy Sliced Apricots <i>Sliced apricots served in fruit juices</i>
	THURSDAY	Vegetable platter with a variety of soft vegetable items	Traditional Roast turkey dinner served with Gravy <i>British turkey slices, roast potatoes, cauliflower, cabbage and vegetable gravy</i>  Sweet Sliced Apples <i>Sliced apples served in fruit juices</i>	Crunchy Cheese Thin Biscuits OR Homemade Banana Bread	Ham, Pea and Macaroni Cheese <i>Ham slices, garden peas, flour, cheddar cheese, dairy free butter, full fat milk and macaroni pasta</i>  Mango and Natural yogurt <i>Mango puree mixed with natural yogurt</i>
	FRIDAY	Blueberry Puffs OR Soft Fresh Melon Slices	Breaded Fish cakes, New potatoes and Sweetcorn <i>Breaded fish cakes, sweetcorn and new potatoes</i>  Fromage Frais <i>Yoplait Fromage Frais in a variety of flavours</i>	Crunchy Breadsticks OR Soft Sliced Peaches	<i>Little Explorers Taster Tea</i>

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