



NURSERY MENU

HH		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK TWO	MONDAY	Fruit Flavoured Rice Cakes	<p>Spaghetti Carbonara <i>Spaghetti pasta, sliced ham, mushrooms, flour, full fat milk, vegetable stock cubes and dairy free butter</i> (WEANING: Carrot and tomato)</p> <p>Fromage Frais <i>Yoplait fromage frais in a variety of flavours</i></p>	Scrumptious Fresh Banana Slices	<p><i>Little Explorers Taster Tea</i> (WEANING: Apple puree)</p>
	TUESDAY	Crunchy Sweetcorn Rings	<p>Fish Fingers, Mashed Potatoes & Peas <i>Breaded pollock fingers, British potatoes, dairy free butter and garden peas</i> (WEANING: Potato and peas)</p> <p>Sliced Pear with Vanilla Custard <i>Sliced pear in fruit juice and vanilla custard</i></p>	Biscotti Fingers	<p>Pasta Bolognese <i>British minced beef, tinned tomatoes, garlic puree, pasta spirals, passata and sliced mushrooms</i> (WEANING: Butternut Squash)</p> <p>Mango puree with Vanilla yoghurt <i>Pureed mango mixed with vanilla yogurt</i></p>
	WEDNESDAY	Juicy Apricots	<p>Cottage Pie with Green Beans <i>British minced beef, vegetable gravy, sliced red onion, mixed herbs, mashed potato, dairy free butter and sliced green beans</i> (WEANING: Sweet potato)</p> <p>Juicy sliced Peaches <i>Sliced Peaches in fruit juice</i></p>	Organix Gingerbread Men	<p>Chicken & Vegetable Bake <i>Sliced chicken, mixed vegetables, full fat milk, flour, chicken stock cubes and dairy free butter</i> (WEANING: Chicken and carrot)</p> <p>Sweet Sliced Apple <i>Sliced apple in fruit juices</i></p>
	THURSDAY	Sweet Sliced Apple	<p>Turkey & red Pepper Pasta Bake <i>Red pepper, pasta shells, sliced British turkey, flour, full fat milk, dairy free butter and vegetable stock cubes</i> (WEANING: Tomato and pepper)</p> <p>Fresh Banana slices <i>Sliced banana</i></p>	Soft Cheddar Cheese Sticks	<p>Sweet Potato and Lentil Curry <i>Sweet potato, red lentils, tomatoes, onions, curry powder, garlic and paprika</i> (WEANING: Banana Puree)</p> <p>Fresh Sliced Melon <i>Seasonal fresh melon</i></p>
	FRIDAY	Juicy Peach Slices	<p>Traditional Roast Chicken dinner served with Gravy <i>Sliced roast chicken, roasted potatoes, broccoli, sweetcorn and gravy granules</i> (WEANING: Chicken and sweetcorn)</p> <p>Juicy Apricots <i>Sliced Apricots in fruit juices</i></p>	Crunchy Goodies Farm Animal Biscuits	<p>Breaded Vegetable Fingers, Sliced Carrots & New Potatoes <i>Breaded vegetable fingers, sliced carrots and new potatoes</i> (WEANING: Carrot and potato)</p> <p>Fromage Frais <i>Yoplait fromage frais in a variety of flavours</i></p>

All menus are adapted to meet the requirements of children's allergies and preferences.

Also please note the menus are subject to change, dependent on the grocery orders each week.



NURSERY MENU

S/O		Morning snack	MAIN COURSE WITH DESSERT	Afternoon snack	HIGH TEA WITH DESSERT
WEEK TWO	MONDAY	Fruit Flavoured Rice Cakes OR Juicy Apricots	Spaghetti Carbonara <i>Spaghetti pasta, sliced ham, mushrooms, flour, full fat milk, vegetable stock cubes and dairy free butter</i> Fromage Frais <i>Yoplait fromage frais in a variety of flavours</i>	Scrumptious Fresh Banana Slices OR Crispy Bunny Bites	<i>Little Explorers Taster Tea</i>
	TUESDAY	Crunchy Sweetcorn Rings OR Biscotti Fingers	Fish fingers, Mashed Potatoes & Peas <i>Breaded pollock fingers, British mashed potatoes, dairy free butter & garden peas</i> Sliced Pear with Vanilla Custard <i>Sliced pear in fruit juice, vanilla custard</i>	Vegetable platter with a variety of soft vegetable items	Pasta Bolognese <i>British minced beef, tinned tomatoes, onions, garlic puree, pasta spirals, passata, sliced mushrooms</i> Mango puree with Vanilla yoghurt <i>Pureed mango mixed with vanilla yogurt</i>
	WEDNESDAY	Juicy Apricots OR Organix Tomato Slices	Cottage Pie with Green Beans <i>British minced beef, vegetable gravy, sliced red onion, mixed herbs, mashed potato, dairy free butter, sliced green beans</i> Juicy sliced Peaches <i>Sliced Peaches in fruit juice</i>	Homemade Banana bread OR Juicy Fresh Melon Slices	Chicken & Vegetable Bake <i>Sliced chicken, mixed vegetables, full fat milk, flour, chicken stock cubes and dairy free butter</i> Sweet sliced apple <i>Sliced apple in fruit juice</i>
	THURSDAY	Sweet Sliced Apple OR Organix Vanilla Rings	Turkey & red Pepper Pasta Bake <i>Red pepper, pasta shells, sliced British turkey, flour, full fat milk, dairy free butter and vegetable stock cubes</i> Fresh Banana slices <i>Sliced banana</i>	Soft Cheddar Cheese Sticks OR Malt Loaf with Dairy free butter	Sweet Potato and Lentil Curry <i>Sweet potato, red lentils, tomatoes, onions, curry powder, garlic and paprika</i> Fresh Sliced Melon & Blueberries <i>Seasonal fresh melon and blueberries</i>
	FRIDAY	Fresh Seasonal Fruit Platter with a variety of Fruit choices	Traditional Roast Chicken dinner served with gravy <i>Sliced roast chicken, roasted potatoes, broccoli, sweetcorn and gravy granules</i> Juicy Apricots <i>Sliced Apricots in fruit juices</i>	Cheese Spread Bread Fingers OR Juicy Soft Sliced Pear	Breaded Vegetable Fingers, Sliced Carrots & New Potatoes <i>Breaded vegetable fingers, carrots and new potatoes</i> Fromage Frais <i>Yoplait fromage frais in a variety of flavours</i>

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